

REPORT OF THE PROGRAMME CONDUCTED



Dept. of
Sree Sankara College Kalady

Title of the activity	One day programme on Medicinal plants Jointly organized by Dept. of Botany and Nagarjuna Ayurvedic Centre Lt.
Date and Time	31/01/2024 10 am-4 pm
Resource person	Dr. Krishnan Namboothiri, Dr. Baby Joseph
Nature of activity	College
Type of Activity	,
Collaborative Activity	
Convener	Dr. Rashmi T.R., Dr. Shintu P V
Number of participants	100
Brochure	View Brochure

ONE DAY PROGRAMME ON MEDICINAL PLANTS Organized by Dept. of Botany in association with Nagarjuna Ayurvedic group
Date:1/2/2024 Venue: Botany Herbal Garden and Seminar Hall The programme began at 10 AM in the Herbal garden of Department of Botany with a silent prayer. Dr. Shintu P.V., Head of the Department and Co-ordinator of the programme welcomed the gathering. Dr. Krishnan Namboothiri (Director & chief Physician) Dr. Baby Joseph (Herbal Medicinal plant Cultivation and Promotion Manager) technicians and staffs from and Nagarjuna Ayurvedic group, Principle Dr. Preethi Nair Sree Sankarara College, teaching, non teaching staff, and students of Dept. of Botany were gathered in the programme. The Herbal Garden setting was inaugurated by Dr. Preethi Nair, Principal, Sree Sankara College by planting an Asoka tree in the garden. It was followed by planting 30 herbal medicinal plants by teachers and students. The session was ended with a tea break at 11 AM. The second session resumed at seminar hall at 11. 15 AM by Dr. Krishnan Namboothiri. He well explained the importance of medicinal plants, their importance in biodiversity and the need of protecting these medicinal plants. It was followed a talk on “Common medicinal plants” by Dr. Baby Joseph (Herbal Medicinal plant Cultivation and Promotion Manager, Nagarjuna group) and ended with a quiz competition among the students followed by prize distribution for the winners. Third session resumed at Seminar hall after the lunch break . A free Bone Marrow Density test scan was organized by Nagarjuna team for the staff and students of Sree Sankara College followed by Medical consultation for better health. The entire session was ended by Signing a MoU between Sree Sankara College and Nagarjuna Group regarding the maintenance of Herbal garden.

Report of the activity

- Students get awareness on the importance of Herbs in Ayurveda
- Evaluation of common medicinal plants with their scientific names
- Understand Need of conservation of Plants and their role in balancing Biodiversity

Outcome of the activity

