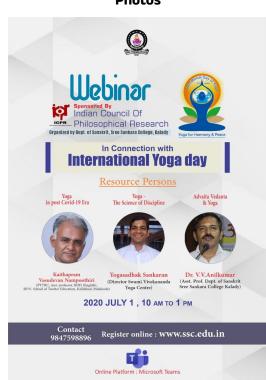


## **REPORT OF THE PROGRAMME CONDUCTED**

Title of the Programme	: International Yoga day
Date & Time	: 1-7-2020, 10.00-1.00
Total no. of Participants	: 56
Convener	: Dr Harikrishna Sharma K N

## **Detailed Report**

Department of Sanskrit organised a seminar in connection with International Yoga day. The seminar was funded by ICPR. Managing director Sri K Anand inaugurated the function and the college principal presided over the function. Dr Suvarnani S delivered the welcome address and programme convener Dr Harikrishnasharma delivered the vote of thanks. PYTRC Director Sri Kaithapram Vasudevan Nampoothiri was the key-note speaker. Yogasadhk Sankaran (Director,Swami Vivekananda Yoga Centre) spoke on the importance of Asanas and Dr V V Anilkumar of Dept.of Sanskrit delivered a speech on the influence of Yoga in the new era.



Photos