

REPORT OF THE PROGRAMME CONDUCTED

Title of the Programme : International Yoga Day

Date & Time : 21 - 6 - 2018

Total no. of Participants : 50

Convener : Dept. of Sanskrit

Detailed Report

The department of Sanskrit organised International Yoga day celebration on 21st June 2018. The function was inaugurated by principal prof. Sambhu Namboothiri and felicitated by Dr. V V Anilkumar (Faculty member, Dept of Sanskrit). The day was delighted with a delicious speech on "Importance of Yoga - in daily life" by Shri.Vipin Gurukkal. He also involved the students by insisting them how to do several postures.. The function ended with a vote of thanks by Dr. K.N.Harikrishna Sharma.

Photos

