## **REPORT OF THE PROGRAMME CONDUCTED**



## Dept. of Sree Sankara College Kalady

Title of the activity	An awareness programme on life saving skills- 'Life Saver Rotarian'
Date and Time	17/12/2022
Resource person	Doctors of Aster Medcity
Nature of activity	College
Type of Activity	,
Linkage Activity	
Convener	Dr. Liji Thomas
Number of participants	0
Brochure	View Brochure
Report of the activity	Department of Biochemistry conducted an awareness programme on life saving skills- 'Life Saver Rotarian'aiming to enrich the minds of the student community with the basic life saving skills. It is also aimed to provide students with the opportunities to learn by hands on experience. The programme was an initiative by The Helix, association of dept of biochemistry SSC Kalady associating with A Rotary club of Cochin Metropolis initiative in association with Aster medcity, Organized by Rotary club of Cochin smart city and Rotary club of cochin metropolis.
Outcome of the activity	• To enrich the minds of the student community with the basic lifesaving skills. • To provide students with the opportunities of experience learning by hands-on training session. • Students and teachers of various departments could learn the basic life saver skills like CPR, chocking emergencies, Heimlich Maneuver, usage of automated artificial defibrillator etc. • The audience was divided into 6 groups and Aster team assisted each group for hands on training using dummies. • The overall session was highly informative, effective, and inspiring

